



FC BERNA

Quarterly Newsletter



December 2020



Spotlight...a word from FC Berna Club President Dan Clarkin

Dear Members,

As the Holiday Season is upon us it is a good time to reflect on 2020.

2020 will be forever remembered as the year we all learned to Zoom, to make banana bread, use Instacart and how to sew a mask but it was also a time that helped clarify what is truly meaningful in our lives, the love of family and friends.

This year has been challenging for our entire community but especially for the small businesses and restaurants that employ so many members of our community. I know that 2020 has not really turned out the way we all expected but for many of us we have much to be grateful for this year, a good job that lets us work safely from home, a healthy family and a safe community, which is why I am asking if you have the ability to do so to contribute to our FC Berna/Legacy Scholarship Fund:

<https://www.fcberna.com/Default.aspx?tabid=1020440>

Each year the club offers financial aid to players to help offset the costs for our programs. In a typical year we generally give ~\$20,000 annually in scholarships but this year we have exceeded more than \$25,000 and we have many more individuals that could use our assistance but we simply don't have the financial ability to offer any more aid. If you have been blessed this year and are able to help we would greatly appreciate your tax deductible donations to help these players and their parents.

I am very pleased to state that as an organization we were able to get through the Fall Season safely with only minimal cancellations due to Covid-19. This is a testament to all the Trainers, Parents and Players who followed the protocols throughout these past five months and I thank you all, for helping to make this possible.

Normally at this time of year we would be announcing our Winter programs for both Total Soccer and Travel, however due to the uncertainty surrounding access to facilities and what rules the State of New Jersey will implement for indoor sports we have decided it was best to not offer these programs this year. We are still planning to offer Winter Indoor Training to the Legacy Teams (the cost for the training is already included in the yearly dues) but this is subject to the State of New Jersey allowing the resumption of indoor practices and games in early January. State tuned for more information.

We have added several new board members since our last newsletter and I would like to introduce Dotun Adejuyigbe, Mirren Mandalia, Liz Brown and Dan Rossomondo for all volunteering to be Trustees of the Club. If you have any interest in serving on the board please feel free to reach out to us at president@fcberna.com as we are always looking for new members.

Finally, on behalf of the entire Board I want to wish everyone a very Happy Holiday Season and a Healthy New Year.

Warm regards,

Daniel Clarkin, President of FC Berna/Legacy

Fall Highlights

- **Return-to-Play** - FC Berna-Legacy programs continued progress in returning to outdoor practices and games. Thank you to all of our families for your cooperation in following new procedures to ensure the health and safety of all our players.
- **Continued Safety Protocols** - This fall we transitioned to a new health questionnaire via TeamSnap. The new method streamlines the daily health check procedures for players, parents and coaches. It also makes compliance easier for coaches to track for everyone's safety.
- **Continued FC Berna - New York Red Bulls Youth Development Partnership** - FC Berna continued our partnership with NY Red Bulls for our Total Soccer and Berna Travel programs. The complete club development program includes Red Bulls coaching staff, team training, player clinics and more.
- **FC Berna Fall Finale Tournament** - In partnership with Full 360 Soccer, FC Berna once again sponsored our Fall Finale Tournament. This year the Fall Finale was scaled back in size to ensure a fun and safe event for all.
- **Berna Cares** - As part of our ongoing philanthropic efforts, FC Berna partnered with Juvenile Diabetes Research Foundation to collect new and gently used soccer cleats to donate. The efforts also helped to raise awareness about Type 1 juvenile diabetes and research.

Congratulations to the following players on their college commitments!



- **Sonya Brewer - Kean University**
- **Vanessa Leon - Kean University**
- **Legacy player reminder:
Update your College Fit Finder**

BERNA CARES



JDRF Cleat Collection

Throughout the year FC Berna engages in various forms of community outreach, from fundraising to community events participation.

Most recently, the Club supported a shoe drive to support Juvenile Diabetes Research Foundation. The donations are distributed to less fortunate around the world.

Congratulations to Cooper who spearheaded the project, and thanks to all who donated!



Visit the BERNA CARES page on our website to find out more about our community outreach activities.

Total Soccer & PEC Fall Roundup



Berna Travel Fall Roundup



Legacy Fall Roundup ...from Legacy Program Director Jim Buchanan

As the successful fall season drew to a close for the Legacy Futures and Legacy teams U9 to U14, the Legacy high school aged teams stepped up and returned to play with a bang. Right out of the gate, Legacy teams returned without missing a beat. Legacy 02/03G Black, Legacy 04G Black and Legacy 05G all came up as champions of the Steel United Showcase in November, and Legacy 03/04B Black won the EDP Winter Classic this past weekend. Legacy 06B, 06G and 03/04G Gold teams also returned to action and showed well at the Legacy tournament and EDP Winter Classic. We are now looking ahead to winter training and competition where permitted.





Tournament Wins – Congratulations!



Legacy 2011 Girls
STA Kickoff Tournament
Champions



Legacy 2009 Girls Black
STA Kickoff Tournament
Champions



Berna 2011 Boys
FC Berna Fall Finale
Champions

Legacy 2005 Girls
Legacy 2004 Girls Black
Legacy 2003 Girls Black
Steel United Fall Showcase
Champions



Legacy 2006 Boys
Roxbury Kickoff Classic
Champions

FC Berna Fall Finale Tournament Winners Congratulations to all teams!

GIRLS

- 2012 Community First
- 2011 Legacy Premier
- 2008 Gold PDA
- 2008 Black Scotch Plains
- 2007 Gold Brick
- 2007 Black Jersey Shore Boca



BOYS

- 2012 FC Berna
- 2011 The FA
- 2008 Stateline
- 2007 Union
- 2006 Gold Elizabeth
- 2006 Black Steel

Key Contacts:

CLUB ADMINISTRATION



FC Berna Board of Directors:
President **Dan Clarkin**
Vice President **Greg Richter**
Treasurer **Cheryl Thorpe**
Secretary **Sarah Chamberlain**
Director of Coaching **Jeff Zaun**
Trustee **Paul Silva**
Trustee **Dotun Adejuyigbe**
Trustee **Mirren Mandalia**
Trustee **Liz Brown**
Trustee **Dan Rossomondo**

Club Administrator **Kim Lindsey**
clubcoordinator@fcberna.com

TOTAL SOCCER & PEC



Total Soccer /PEC Program Director
Mark Dutton: Totalsoccerdirector@fcberna.com

Total Soccer/PEC Program Administrator
Mike Williams: Totalsocceradmin@fcberna.com

BERNA TRAVEL



Berna Travel Program Director
Mark Dutton: Traveldirector@fcberna.com

Berna Travel Program Administrator
Mike Williams: Totalsocceradmin@fcberna.com

LEGACY PREMIER



Legacy Premier Program Director & Girls Director of Coaching
Jim Buchanan: Jim@legacypremiersoccer.com

Legacy Premier Boys Director of Coaching
Sean Sweeney: Sean@legacypremier.com

Legacy Premier College Coordinator
Tom Worthington: Tom@legacypremiersoccer.com

PLEASE WELCOME NEW BOARD MEMBERS



ELIZABETH BROWN: Liz Brown leads a team as Director of Medical Education and Strategy for a multinational property and casualty insurer and carrier. Liz is a Registered Nurse by profession and married with two children and 3 rescue dogs. Liz enjoyed various sports growing up and loves the positive foundation sports like soccer provide such as teamwork, friendship, respect, and integrity. Cat, her daughter, is a huge fan of soccer and plays with the Legacy Premier 2011 girls' team.

DAN ROSSOMONDO: Dan Rossomondo has lived in Basking Ridge for ten years with his wife Gina, sons Luke and Daniel and daughter Maddie. Maddie plays for the Legacy 2006 team. Dan is the head of Global Media and Business Development at the National Basketball Association. He graduated from Georgetown where he played varsity soccer.

Health and Safety Updates and Reminders:



Player Health & Safety remains our priority. Please take a moment to review the following health related information to protect our players:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow the CDC's recommendations for using a face mask.
- Wash your hands often with soap and water for at least 30 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.



Soccer Specific Steps:

- Avoid pre, during, or post-game handshakes with opposing team members or game officials.
- Avoid team walkouts and hand-in-hand/arm-in-arm team huddles.
- If anyone associated with a team (coach, player, family member) feels ill prior to a scheduled event, have them stay home and not attend the event in order to reduce risk to others.
- If anyone associated with a team (coach, player, family member) becomes ill during an event and has symptoms such as coughing, fever, or general malaise, contact a medical professional. To reduce exposure, consider self-isolation until evaluated by medical personnel, immediately exit the facility, do not come into personal contact with other participants.
- Use alcohol-based sanitizers (at least 60% alcohol) in addition to frequent hand washing - especially after practice and games.
- Carry small bottles of alcohol-based sanitizers to use when hand-washing.



REMEMBER TO RSVP FOR ALL PRACTICES AND GAMES, AND COMPLETE THE DAILY HEALTH CHECK ON TEAMSAP BEFORE ATTENDING.

Stay sharp over the winter!
Check out
70+ skills videos
on our FC Berna website
to learn and practice
various skills.

Don't forget customized FC
Berna and Legacy cold
weather gear and accessories
are available to order from
our FC Berna team store at
soccer.com.

Questions?

Check out the FAQ section or locate our list of contacts on the FC Berna website at www.fcberna.com

